

APPALACHIAN REGIONAL HEAD & NECK CENTER

HOME OFFICE:

200 MEDICAL CENTER DRIVE, SUITE 2N

HAZARD, KY 41701

606-439-4466

OTHER OFFICES ARE LOCATED IN SOMERSET, LONDON AND LEXINGTON, KY

POST OP INSTRUCTIONS FOR THYROGLOSSAL DUCT CYST

PATIENT TEACHING

- 1. Keep surgical site dry for 24 hours**
- 2. Apply triple antibiotic ointment three times/day for 2-3 days**
- 3. Take pain medication as needed**
- 4. DO NOT take aspirin, Motrin or Advil for 2-3 days**

Office Hours:

Monday – Thursday 8:00 a.m. – 4:00 p.m. and Friday - 8:30 – Noon

If you need assistance after these hours, you may contact:

NAME OF PATIENT: _____

FOLLOW UP APPOINTMENT: _____